

Saint Ignatius  
High School  
Wasmer  
Games



Sunday, May 2<sup>nd</sup>, 2010

## Wasmer Track & Field Games

DATE: Sunday, May 2, 2010 --- **For boys in the 5<sup>th</sup>, 6<sup>th</sup>, 7<sup>th</sup> & 8<sup>th</sup> grades**

MEETING: ALL COACHES - Coaches are asked to meet in the Sullivan Gym at **12:30 p.m.** for scratch meeting and final instructions. **YOUR ATTENDANCE IS CRITICAL!! PLEASE BE CERTAIN TO ATTEND THIS MEETING.**

TIME: **1:00 p.m.** – 6<sup>th</sup> Grade Field Events and 5<sup>th</sup> Grade Running Events  
**2:05 p.m.** – 5<sup>th</sup> Grade Field Events/ and 6<sup>th</sup> Grade Running Events  
**2:35 p.m.** – 8<sup>th</sup> Grade High Jump  
**2:55 p.m.** – Remaining 8<sup>th</sup> Grade field events  
**3:50 p.m.** – 7<sup>th</sup> Grade Field Events  
Please see enclosure for a complete list of events and times.

AWARDS: Medals for 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup>, place on each grade level; ribbons for 4<sup>th</sup> through 6<sup>th</sup> place on each grade level. Coaches should pick up envelopes containing all awards at the conclusion of the meet. Awards should be available within **30 minutes from the conclusion** of the meet.

ENTRIES: Each school will be permitted to enter a boy in a maximum of 1 running event, 1 field event, and 1 relay. **Athlete entry forms, roster and the very important athlete numbers will be e-mailed to coaches around April 24 by Jane Denton (notned6@juno.com).**

ENTRY FEE: Team entry fee will be \$80.00, please make check **payable to St. Ignatius High School. Entry fees are due April 30<sup>th</sup>.** Multiple teams are permitted for additional fee of \$80.00 per team. Please use school colors to designate different teams. Athletes must remain on the same team for the entire meet. **Please send entry fee by April 30<sup>th</sup> to St. Ignatius High School attn: Wasmer Track and Field, 1911 West 30th Street, Cleveland, Ohio, 44113. Make check payable to St. Ignatius High School.**

SCORING: There will be no team scoring; however, winners of respective events will be announced.

SPIKES: Maximum length of spikes permitted on track is ¼ inch; the shot put and discus circles are cement, and soft, rubber-soled shoes are recommended.

CONCESSIONS: The concession stand will be open throughout the afternoon and will be located near the entrance to the track.

PARKING: Parking will be available at the parking lot on West 29<sup>th</sup> (space is limited)

LOCKER ROOMS: Since lockers are used by St. Ignatius athletes, there will be **NO LOCKER ROOM FACILITIES** available as in the past. Runners are asked to dress at home, since locker room facilities will be used for emergency purposes only.

QUESTIONS: All questions should be directed to Athletic Director Rory Fitzpatrick or Head Track Coach Chuck Kyle. School phone is 216- 651-0222. Cell phone for Rory is 216-548-8298.

**\*REMINDER\*:** COACHES MEETING - Sunday, **May 2<sup>nd</sup>**, at **12:30 p.m.**

**\*\*REMINDER\*\*:** Please send entry fee by **April 30<sup>th</sup>** to St. Ignatius High School attn: Wasmer Track and Field, 1911 West 30th Street, Cleveland, Ohio, 44113. Make check payable to St. Ignatius High School.

# WASMER TRACK and FIELD GAMES

(Please note New Format)

## 2010 Schedule of Events

### RUNNING

#### **5<sup>th</sup> GRADE**

1:00 p.m. 1600 meter Run.....  
1:10 p.m. 800 Meter Run  
1:20 p.m. 400 Meter Dash  
1:30 p.m. 200 Meter Dash  
1:40 p.m. 100 Meter Dash (Finals Only)  
1:50 p.m. 4 x 100 Meter Relay

#### **6<sup>th</sup> GRADE**

2:05 p.m. 1600 meter Run.....  
2:15 p.m. 800 Meter Run  
2:25 p.m. 400 Meter Dash  
2:35 p.m. 200 Meter Dash.....  
2:45 p.m. 100 Meter Dash (Finals Only)  
2:55 p.m. 4 x 100 Meter Relay.....

#### **7<sup>th</sup> GRADE**

3:10 p.m. 1600 meter Run  
3:20 p.m. 800 Meter Run  
3:30 p.m. 400 Meter Dash  
3:40 p.m. 200 Meter Dash  
3:50 p.m. 100 Meter Dash (Finals Only).....  
4:00 p.m. 4 x 100 Meter Relay

#### **8<sup>th</sup> GRADE**

4:15 p.m. 1600 meter Run  
4:25 p.m. 800 Meter Run  
4:35 p.m. 400 Meter Dash  
4:45 p.m. 200 Meter Dash  
4:55 p.m. 100 Meter Dash (Finals Only)  
5:05 p.m. 4 x 100 Meter Relay

#### **5:15 HOME**

### FIELD

**6<sup>TH</sup> GRADE:** Standing LJ, Running LJ, SP, HJ

**5<sup>TH</sup> GRADE:** Standing LJ, Running LJ, SP, HJ

**8<sup>th</sup> GRADE** High Jump

**8<sup>th</sup> GRADE:** Standing LJ, Running LJ, SP, Discus

**7<sup>th</sup> GRADE:** Standing LJ, Running LJ, SP, HJ,  
Discus

# WASMER GAMES

## COACH'S INSTRUCTIONS

### 1. FACILITIES: VERY IMPORTANT

Due to the turf field certain guidelines and regulations **must be** adhered to. **There are to be no tents which require stakes or other instruments to be used on the football field. Tents are permitted on the playing surface provided that they do not need to be pounded into the surface. EQUALLY IMPORTANT: THERE IS TO BE NO FOOD OR GUM OR FLOWER SEEDS PERMITTED ON THE FIELD. THE ONLY EXCEPTION TO THIS POLICY IS WATER. We must ask your cooperation in this matter.**

### 2. FIELD EVENT SIGN-IN

You are not required to make any pre-meet changes or scratches in any field event. All check-ins will take place at the event site. ADVISE YOUR ATHLETES TO REPORT IMMEDIATELY AFTER THE ANNOUNCEMENT FOR THEIR RESPECTIVE EVENTS. LATE ENTRIES WILL BE EXCLUDED.  
**VERY IMPORTANT - SHOT PUT & DISCUS PARTICIPANTS:** because of the location of the shot put & discus (across the street from the track) coaches must be aware that the running events **WILL NOT BE DELAYED NOR WILL ADDITIONAL HEATS BE RUN** to accommodate individuals involved in the shot put or discus. **If an athlete involved in the shot put or discus is in a running event he must check out of that event with the official. In turn he will have a maximum of 10 minutes following his running event to report back into the shot put or discus. THE ATHLETE MUST CHECK OUT AND CHECK BACK IN. IF HE SIMPLY LEAVES WITHOUT CHECKING OUT AND MISSES HIS CALL HE WILL BE DISQUALIFIED.** Coaches are advised to give careful consideration about using an individual in the shot put or discus and running events since there is no sound system in the throwing areas, and communications will not be the best.

### 3. BULLPEN AND CLERK

All check-ins for running events will take place in the "bullpen." It will be located at the NORTH END of the straightaway. Athletes who fail to report prior to the third and final call may jeopardize their participation. Once the Clerk closes entries, no late arrival will be accommodated.

### 4. SAFETY & SECURITY

All spectators, athletes and coaches must remain in one of two designated areas: 1) the bleachers or 2) the football field. **You are again reminded, however, that no food, drinks (except water), seeds, tobacco items or tents requiring the use of stakes are permitted on the field.** Coaches are asked to cooperate in reminding their athletes to stay in designated areas only. THE STRAIGHT-AWAY MUST REMAIN CLEAR SO TIMERS HAVE A CLEAN LINE OF VISION TO THE STARTER.

5. AWARDS

Patience is a virtue! Our staff will be working diligently to have all awards bagged and ready to go, but they cannot be disbursed until the results from the final events are submitted. Hang in there - we will try to keep your wait to a minimum!

6. CHANGES IN EVENTS AFTER THE MEET BEGINS

If you encounter an illness, injury or no-show, changes in a running event can be made in the bullpen by having your replacement runner simply report that “John Doe is replacing ????? for \_\_\_\_\_ school”.

**On behalf of St. Ignatius High School and the Athletic Department, we welcome you to our school and the annual Wasmer Games. This event is for the athletes. We need your cooperation and help to make this a pleasant experience for both them and our officials. Have a great day!**