



**Catholic Charities / Parish and Community Ministries
Youth & Young Adult Ministry and CYO Office**

TO: CYO Track Coaches
FROM: Jim Farroni, Track Commissioner
Kevin Leigh, Track Commissioner
Katie Marquard, Athletic Director
DATE: May 9, 2010
RE: 2010 CYO Track & Field Regional Meets

Congratulations to all teams for a successful Track & Field Season. I hope that you have enjoyed your season and the time spent with your young athletes. Please pay close attention to the following information, it is very important for the proper organization of the CYO Regional Track Meets, which will be held as follows:

East – Varsity Championship – Saturday, May 22nd, St. Peter Chanel High School – 10:00 AM
4th-7th Grade Championship – Sunday, May 23rd, Eastlake North High School – 1:00 PM
West – Varsity Championship – Thursday, May 20th, Padua Franciscan High School – 6:00 PM
4th-7th Grade Championship – Sunday, May 23rd, Westlake High School – 1:00 PM

Proceeds from these Cleveland CYO Championships will be placed in the Bishop Roger Gries CYO Good Shepherd Fund to assist our CYO parishes and staff with training, supplies, and support for the mission of CYO.

Entry Process:

- We will be using www.athletic.net for registration. Please read the attachments for details.

Varsity Division

- Each team will be permitted only
 - one (1) entry into a field event
 - one (1) entry into a running event
 - one (1) relay
 - Individual athletes are permitted to participate in a maximum of one (1) field event, one (1) running event, and one (1) relay in this meet
- In order to have a **B team in the Varsity Division**, a minimum of four (4) Track Events and three (3) Field Events must be entered on the A Team.
- B team roster athletes cannot compete for the A team relays, under any circumstance. **Make sure that you have alternates for your A Team relays available on your A team roster, just in case.** Coach's Decision!
- DO NOT enter B teams on-line. ALL VARSITY DIVISION B TEAM ENTRIES MUST BE SUBMITTED ON PAPER (faxed to 216.334.1270) by 9:00AM on:
 - **Tuesday, May 18 for West teams**
 - **Thursday, May 20 for East teams**
- The **top four (4) finishers** in the events will qualify and advance to the Cleveland CYO Track & Field Championship Meet on Thursday, May 27th, at Bedford Bearcat Stadium. If there are any ties for the fourth (4th) qualifying spot they will be broken at the conclusion of the meet for that gender. Absent athletes will be disqualified from tie breakers and not considered for advancement. Check the results before your athletes leave!

Junior Varsity, Cadet, Developmental, Elemental Divisions

- Each team will be permitted to enter:
 - two (2) entries in a field event
 - two (2) entries for relay teams
 - three (3) entries in the 800m & 1600m
 - two (2) entries in the 100m, 200m, and 400m

- Individual athletes are only permitted to participate in a maximum of one (1) field event, one (1) running event, and one (1) relay in this meet
- Athletes can only participate in one grade level in this meet
- Each team is permitted to enter two (2) Open 4x100M relay team, where any extra athletes from any grade, which did not compete on a relay team, can compete together. The Open 4x100m Relay must be registered in the Open Division Entries of the Meet Registrations. This event will be held on Sunday, May 23rd at the end of the 6/7 boys running events and before the girls 4/5 running events.
- Times that are tied from separate heats will be declared tied; if only one heat is run, the place in the heat will determine final place.
- There will not be any B teams in any of these divisions. For awards, athletes will be placed as they finish. For team scoring in the Junior Varsity Division, each team will be limited to one (1) scoring athlete per event, i.e. if your team finishes 1st & 2nd in the Junior Varsity 800m, your runners will get the awards for those positions but team points will be awarded as follows: 10 pts to your team and 8 pts to the 3rd place (team) finisher - this is just in the Junior Varsity division.

Entry Deadlines:

Team entries (**except for B Teams in Varsity**) must be submitted via **www.athletic.net** by the deadlines below! Paper Entries will NOT be accepted from teams besides for Varsity B Teams. PLEASE DO NOT WAIT TO THE LAST MINUTE TO START your entries. **If you have any problems with the on-line entry system, call Katie Marquard at (216)334-1261 ext. 13.**

Varsity Division

- On-line entries for the **Varsity** division (A Teams) are due by 9:00AM on:
 - **Wednesday, May 19th for West teams**
 - **Friday, May 21st for East teams**
- The Paper Entries (see attached form) for **B Teams** in the Varsity Division must be faxed to 216.334.1270 by 9:00AM on:
 - **Tuesday, May 18th for West teams**
 - **Thursday, May 20th for East teams**

In order to have a B team in the Varsity Division, a minimum of four (4) Track Events and three (3) Field Events must be entered on the A Team.

Junior Varsity, Cadet, Developmental, Elemental Divisions

- On-line entries for ALL **Junior Varsity, Cadet, Developmental & Elemental** divisions are due by 12:00PM (Noon) on:
 - **Saturday, May 22nd for ALL teams**

Entry lists will be available at athletic.net (except Varsity B Teams) two hours after entry deadline.

Entry Fee:

There will be a **\$100 team fee** for the two-day Regional Meet which should be paid at the Varsity meet on 5/20 (west) and 5/22 (east). *Please pay with \$5.00 bills and \$10.00 bills, if possible, for easier distribution to meet officials and workers.* Thank you.

IMPORTANT MEET INFORMATION



- **An Admission charge of \$1.00 per person will be charged for these Regional Championship Meets. Please let the parents of your team know this.**
- Please bring your **\$100.00 team fee** to the Varsity meet. Meet packets will be available & official fees paid at the finish line tent.
- Gates open one (1) hour before the start of each meet; a coaches meeting will be held ½ hour before the start of each meet.
- ***Once the registration deadline passes, you will not be allowed to add or make replacements/substitutions to any individual events!*** Teams will be permitted to scratch athletes. Relays may be changed.
- Mandatory Participation is in effect for these meets. All members of your team that are available to participate must be registered and participate in at least one (1) event. To be eligible for participation, an athlete must have competed in at least one (1) of the five (5) regular season meets. If it is discovered that an ineligible athlete was used, all team and individual awards & points will be forfeited.
- All athletes entered into this meet must have a submitted time or distance that is representative of the athlete's proven ability. It is the coach's responsibility to make sure all times and distances are accurate. If a time or distance is not submitted for an athlete on a B Team in Varsity, for lane assignments and flights the athlete will be seeded last.
- Once an athlete is entered on a grade level roster, that athlete must remain in that grade for the entire two day Championship meet; he/she will not be able to compete in any other grade over the two days.
- **Team uniforms** must meet the standards outlined in the rulebook. Shirts & spandex worn under the team uniform **MUST** meet the requirements as outlined in the rulebook. Disqualifications will be called for violations. Go over this with your athletes at practice!
- **Jewelry is not permitted** to be worn during any event. This includes earrings, necklaces & bracelets, or hard plastic or metal hair clips. Medical or other special medals may be worn if they are taped to the body. Disqualifications will be called for violations. Go over this with your athletes at practice!
- **Relay batons will be provided for ALL teams at the starting line. DO NOT bring your own batons to the starting line.**
- Open Relays will be run on Sunday, *at the end of the 6/7 boys running events and before the girls 4/5 running events*. It consists of athletes from any grade and will count as their relay event. (This event is for teams with incomplete relays in some grades.)
- Awards will be given to the top eight (8) competitors in each event. Team trophies will be given to the top three (3) teams in the Junior Varsity and Varsity Divisions. Team scoring will only be kept for the Junior Varsity & Varsity divisions. Scoring will be for eight (8) places - 10-8-6-5-4-3-2-1. The Open Relay is not a scoring event.
- **Rain Date** – If the Varsity meet cannot be completed on May 20 (west) or May 22 (east), it shall resume at 1:00pm on Sunday, May 23, with the Junior Varsity, Cadet, Developmental and Elemental Meet beginning at approx. 3:00PM.
- If you have any questions please call the following ;
 - East side meet questions - Jim Farroni - 440.487.8215 (cell)
 - West side meet questions – Kevin Leigh – 440.488.6982 (cell)
 - General or Registration questions – Katie Marquard – 216.334.1261 ext. 13

Thanks for your help & Good Luck!



Varsity Meet

West: 6:00 pm - Thursday, May 20 - Padua Franciscan High School

East: 10:00 am - Saturday, May 22 - St. Peter Chanel High School

****VARSITY SCHEDULE:**

WEST / EAST	
5:55 PM / 9:55 AM	PRAYER
6:00 PM / 10:00 AM	BOYS FIELD
	GIRLS RUNNING - 100 prelims-200-400-800-100 finals-1600-4x100 Relay
7:00 PM/ 11:00 AM	GIRLS FIELD
	BOYS RUNNING - 100 prelims-200-400-800-100 finals-1600-4x100 Relay

****Rolling Schedule – sections will start before stated time if running ahead of schedule.**

Junior Varsity/Cadet/Developmental/Elemental Meet

West: 1:00 pm - Sunday, May 23 - Westlake High School

East: 1:00 pm - Sunday, May 23 - Eastlake North High School

****SUNDAY SCHEDULE:**

12:55 PM	6/7	PRAYER
1:00 PM	7/6	BOYS FIELD - 7th then 6th
	6/7	GIRLS RUNNING - 100 prelims-1600-100 finals-800-400-200-4x100 Relay
2:15 PM	7/6	GIRLS FIELD - 7th then 6th
	6/7	BOYS RUNNING - 100 prelims-1600-100 finals-800-400-200-4x100 Relay

OPEN 4 X 100 RELAYS (Girls then Boys)

3:25 PM	4/5	PRAYER
3:30 PM	5/4	BOYS FIELD - 5th then 4th
	4/5	GIRLS RUNNING - 100 prelims-1600-100 finals--800-400-200-4x100 Relay
4:45 PM	5/4	GIRLS FIELD - 5th then 4th
	4/5	BOYS RUNNING - 100 prelims-1600-100 finals--800-400-200-4x100 Relay
6:30 PM		AWARDS

****Rolling Schedule – sections will start before stated time if running ahead of schedule.**



Cleveland CYO Regional Championships Meets Online Entry Instructions

These meets are using free online registration at Athletic.net!

Add these two meets (East (or) West Varsity is one meet; East (or) West 4th-7th grade is another meet) to your Athletic.net calendar. When you enter the athletes in the events, you will need to select the division (Varsity, Junior Varsity, Cadet, Developmental, Elemental, Open) the athlete will be competing in. Be careful if you use the roller on the mouse that you do not change the division as you scroll the page.

Steps to register your team in Athletic.net

- Sign in to your account
- Select "Edit Calendar"
- Select the meet (Cleveland CYO East/West Championship 1)Varsity Meet OR 2)4th-7th Grade Meet)
- Proceed to "Register athletes..." below

Register athletes for Cleveland CYO East/West Championship Meets

- Click on either an Athlete or an Event
- Enter Standing Jump as the "Triple Jump"
- For Relays Events, mark the members either as part of the "A" or "B" Relay (ON-LINE ONLY FOR 4TH-7TH GRADE; use paper entry for Varsity B Relay)
- Select the athletes you want to compete, the division they are competing in (**remember to select & verify the Division of the athlete**), and verify their seed mark
- Be sure to click the Update button to save your changes after updating the athlete or event
- To **remove athletes** from an event, select the '--' line
- For Relay Events, you must enter the relay seed time in the box next to one of the participating athletes. For Relays, mark the members either as part of the "A" or "B" Relay (ON-LINE ONLY FOR 4TH-7TH GRADE; use paper entry for Varsity B Relay)
- Print your entries for use at the meet
- Review the printout of team entries to verify the correct Division and Events have been entered for each of your athletes!

Any questions, contact Katie Marquard at (216)334-1261 ext. 13.



VARSITY DIVISION "B TEAM" ENTRIES – TRACK & FIELD

In order to have a **B team in the Varsity Division**, a minimum of four (4) Track Events and three (3) Field Events must be entered on the A Team.

Fax To: Katie Marquard – (216) 334-1270

Due: By 9:00 am on May 18, 2010 (West)
May 20, 2010 (East)

From: _____

Date: _____

Re: Varsity (8th Grade) B TEAM Entries

Number of Pages: _____ *PLEASE PHOTOCOPY AS NEEDED -ONLY one grade/gender/B-team per form*

Parish: _____ **BOYS GIRLS EAST WEST**

Head Coach: _____ **Email:** _____

Home Phone: _____ **Work Phone:** _____ **Cell Phone:** _____

EVENT	NAME	TIME/DISTANCE
1600M	_____	_____
800M	_____	_____
400M	_____	_____
200M	_____	_____
100M	_____	_____
4X100M RELAY	_____	_____
	_____	_____
	_____	_____
STAND	_____	_____
LONG	_____	_____
HIGH	_____	_____
SHOT	_____	_____
DISCUS	_____	_____

CYO Athletics – Endeavoring to help young people be more Christ-like in the way they live.